

HELPING YOUR CHILD OR TEEN BECOME CONFIDENT AND CAPABLE IN 2021



Clinical Psychologist, Dr Judith Locke, is offering two parenting sessions to parents of students in Prep - Year 6 and parents of students in Year 7 - 12. In these sessions, Judith will present latest research and clinical experience to show positive and effective strategies parents can use to help their children become more confident and capable and help the family become more harmonious.

KEY TOPICS WE WILL EXAMINE:

- strategies to assist parents ensure their child experiences fulfilling years at school
- offer solutions to parents to help children cope better with the demands of school and schoolwork and encourage their child's personal motivation
- give parents strategies they can use to ensure their relationship with their child remains positive
- help parents assist their child or teen develop maturity and responsibility to do well in their life beyond school.

Sessions will be tailored to the age groups and therefore it is recommended that you will only need to attend one session - your eldest child or the child you feel you would like strategies for.

This session is for parents only and children will not be able to attend. A confirmation email containing information about joining the webinar will be sent after registering. Please note this webinar will only be available live at the listed time and no recording will be made.



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A school within The Anglican Schools Corporation



SENIOR SCHOOL

Tuesday 24 August
7.00pm

JUNIOR SCHOOL

Wednesday 25 August
7.00pm

[Register here](#)

Sessions will be tailored to the age groups and therefore it is recommended that you will only need to attend one session - your eldest child or the child you feel you would like strategies for.

SPEAKER



Dr Judith Locke

Dr Judith Locke is a registered clinical psychologist, former teacher, school counsellor and workplace trainer.