

JUNIOR SCHOOL FOOTBALL PROGRAM 2018



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STUDENT AND PARENT INFORMATION

Growing and nurturing excellence wisdom and service in the emerging south west of Sydney

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The Advanced Pathway Program, is a selective and focused program that enables students to represent the College at a higher level. We anticipate that this in turn will have a positive impact on our wider representative commitments in IPSSO, MISA and NASSA. The objective of all our programs (the Football Development Programs and the Advanced Pathway Program) is to do the following:

Objectives

- To provide a recognised football training program with accredited coaches that embraces the National Football Curriculum developed by Soccer Federation Australia.
- To model and encourage values based upon excellence in sport
 - o Leadership, Service: considering the group above the individual, putting teammates and community above the self
 - o Respect: teammates officials parents teachers
 - o Inclusive: encourage all not elitist above other students
 - o Honour and optimism: team College family
 - o Aspire: to do our best
 - o Resilient, Persevering: Determined not to give up in the face of adversity
 - o Strong Commitment: prepared to work and sacrifice in order to achieve predetermined goals
 - o Glory: To develop a culture that reflects our Christian worldview
- To provide a progressive pathway for young people from the grassroots level through to the representative options provided by the College

Advanced Pathway Program for Representative Teams

The 2018 programs are designed to identify talented students from Years 3 – 10 and will offer an extensive training program to be conducted before College or within College hours. The new APP Football program is designed to complement the training programs that students are committed to after College hours. The format should ensure that all College students will be available to train with the College team.

It is important to understand that the Advanced Pathway Program is aimed at developing not only the player, but the team as a whole, so it is vital that all students wishing to represent the College in Soccer trial for a position in the Advanced Pathway Program.

Students undertaking the Advanced Pathway Program will benefit from the following resources:

- Highly Skilled & Qualified Coaches
- Specialist Coaches; with International Coaches Invited to conduct sessions
- Sports Nutrition
- Player Screening & Evaluation [PSE]
- Athletic Training, Testing and Tracking
- Injury Management Through Rehabilitation Education
- Recovery Sessions
- Sports Psychology Game Preparation & Visualisation
- Tactical Understanding Through Game Analysis
- Self-Discipline & Leadership Training

To achieve the kind of program outlined above, we will need to place a termly charge upon students taking part in this program. The overall cost is heavily subsidised but we recognise it may still cause some difficulty for parents, which will limit their ability to take part. If a parent should have a concern around cost I would encourage them to contact Mr Angelo Dinjar at the College on 96080033.

The programs outlined below represent opportunities in the Advanced Pathway Program and the Football Development Program.

Advanced Pathway Program for Representative Teams

Junior School Programs – for Girls and Boys in Years 3 - 6

Students wishing to represent Thomas Hassall in Junior School football teams must be in the Advanced Football Program. Trials will occur in Term One, Week 1.

There will be 4 teams selected:

- * APP Football Junior Primary Boys (Years 3 & 4) * APP Football Junior Primary Girls (Years 3 & 4)
- * APP Football Senior Primary Boys (Years 5 & 6) * APP Football Senior Primary Girls (Years 5 and 6)

Students selected in the Advanced Pathway Program will be coached and trained by the Football Director, Mr Sonny Makko. Teams will train weekly and play in the weekly IPSSO competition:

Girls – Summer IPSSO - Terms 1 and 4

Boys – Winter IPSSO - Terms 2 and 3

In addition to the IPSSO competition, the APP Football Senior Primary Boys and Girls team (Years 5 and 6) will also compete at the NASSA Soccer Gala Day, the TIGS Trophy Gala Day, as well as having the opportunity to follow the CIS schools representative pathway.

The APP Football program for the Junior School runs for 35 weeks, commencing in Week 3 of Term One. Once selected in the program, students remain in the program for the entire year.

The Junior School Girls Team train once weekly and the cost of the program is **\$120**. The Junior School Boys Team train twice weekly and the cost of the program is **\$240**.

TRAINING SCHEDULE for the Advanced Pathway Program - 2018

| TERM | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------|--|---|--|---|--|
| 1 | Junior School Boys Program Years 3-6 7.15- 8.15am | 15 yrs & Under Secondary Boys Program 7.00- 8.00am | Junior School Girls Program 7.15 – 8.15am | 15 yrs & Under Secondary Boys Program 7.00- 8.00am | Junior School Boys Program Years 3-6 7.15- 8.15am |
| 2 | Junior School Girls Program 7.15 – 8.15am | 15 yrs & Under Secondary Boys Program 7.00- 8.00am | Junior School Boys Program Years 3-6 7.15- 8.15am | Junior School Boys Program Years 5-6 7.15- 8.15am | Junior School Boys Program Years 3-4 7.15- 8.15am |
| 3 | Junior School Girls Program 7.15 – 8.15am | 15 yrs & Under Secondary Boys Program 7.00- 8.00am | Junior School Boys Program Years 3-6 7.15- 8.15am | Junior School Boys Program Years 5-6 7.15- 8.15am | Junior School Boys Program Years 3-4 7.15- 8.15am |
| 4 | Junior School Boys Program Years 3-6 7.15- 8.15am | 2019 15 yrs & Under Secondary Boys Program 7.00- 8.00am | Junior School Girls Program 7.15 – 8.15am | 2019 15 yrs & Under Secondary Boys Program 7.00- 8.00am | Junior School Boys Program Years 3-6 7.15- 8.15am |

Any student who is unsuccessful in gaining a position in the Advanced Pathway Program is encouraged to join the afternoon Football Development Program.

Football Development Program Kinder – Year 8

The Football Development Program is offered to both boys and girls from Kinder to Year 8. The program will be conducted after College by specialist and qualified coaches, under the guidance of our Football Director, Sonny Makko.

Students can be enrolled in 1 or more days and fees are payable per day enrolled, for the calendar year. The one hour sessions are designed to improve the skill level of each individual and cater for all abilities. Students will be involved in fun activities that develop skills and promote understanding of the game. There are no trials for this program and places are limited to 20 students per session.

All sessions will occur from 3.00 – 4.00pm and will be conducted indoors if it is wet. Students participating in the program will wear their College PE uniform or similar training attire. Shin pads are compulsory and need to be worn each week. Boots are optional.

Payment - The program is 35 weeks in duration and once enrolled, students remain in the program for the year. The cost per Program is \$400, which is payable by either College fees or a cash payment. Please note, no refund will be provided if your child is sick, absent or withdraws from the program.

TRAINING SCHEDULE for the Football Development Program - 2018

| TERM | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------|---|--|---|--|---|
| 1-4 | Kinder – Year 2 Football Development Program | Year 3 –Year 8 Football Development Program | Kinder – Year 2 Football Development Program | Year 2 –Year 6 Football Development Program | GIRLS ONLY K-6 Football Development Program |
| | 3.00 – 4.00pm | 3.00 – 4.00pm | 3.00 – 4.00pm | 3.00 – 4.00pm | 3.00 – 4.00pm |

Staff

- Advanced Pathway Program Coordinator

 Mrs. Sharon Evans (P-6 Sports Coordinator) sevans@thac.nsw.edu.au
- Advanced Pathway Program Football Director

 Mr Sonny Makko
 AFC/FFA Senior Licence, AFC/FFA C Licence coach
 Football Director Macquarie University

Conditions

Students interested in participating in either the Advanced Pathway Program or the Football Development Program must be enrolled as a student at Thomas Hassall Anglican College. All students trialling for a position in the Advanced Pathway Program are able to continue with their playing commitments outside of College as Thomas Hassall has no affiliation with any club.



What next?

Complete registration form indicating which program you are interested in and return to the College Office or Mrs Evans <u>sevans@thac.nsw.edu.au</u> by **Tuesday 30 January 2018**. Students will be given information regarding trials for the Advanced Pathway Football program trials. If students are registering for the Football Development programs (occur after College) a letter will be emailed regarding their acceptance into the program.