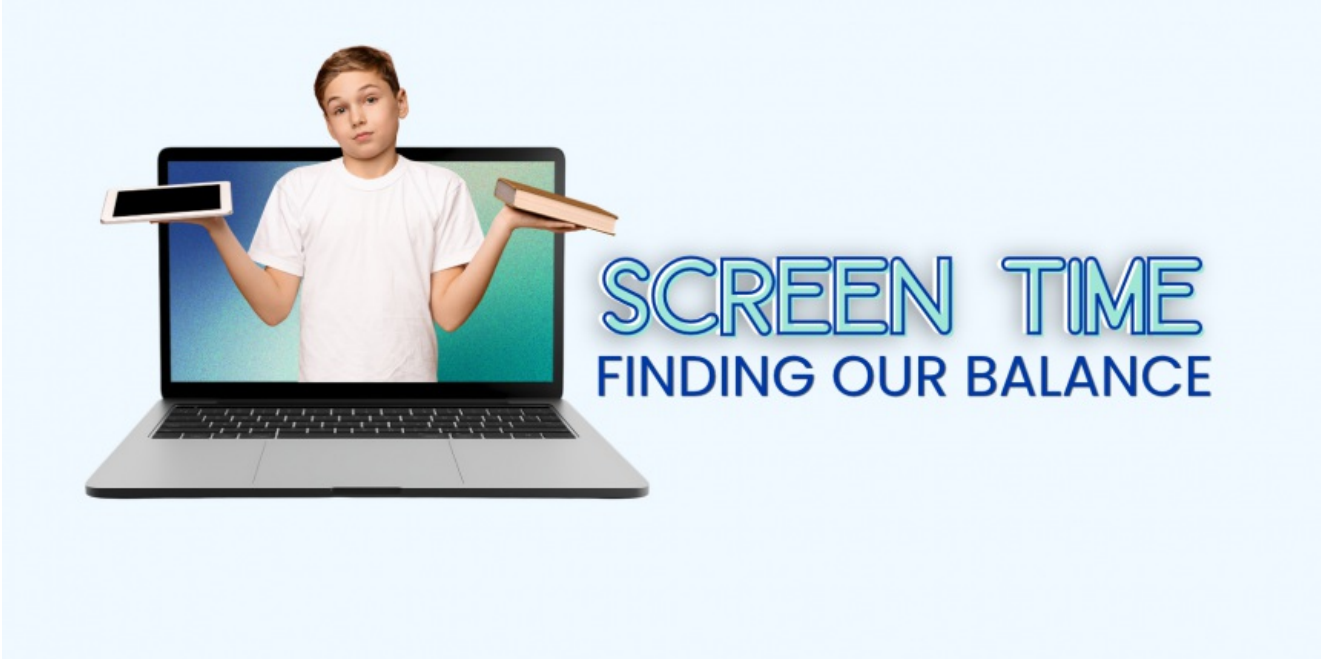
# THE WAY

**TERM 4 | THE WAY NEWSLETTER | FRIDAY 23 OCTOBER 2026**




## SCREEN TIME: FINDING OUR BALANCE

There has been considerable discussion in the media recently about children's screen time and its impact on learning, wellbeing and development. As parents and carers, navigating the opportunities and challenges of technology use can be complex and we would like to provide an opportunity for informed discussion and practical support.

We would like to invite you to attend our Screen Time Parent Information Evening featuring a panel of Thomas Hassall staff who will share insights, discuss current research and answer your questions. Some topics for discussion will include:

- - Healthy screen habits for children and teenagers – suitable for parents of students in Prep to Year 12.
- - Supporting learning in a digital world
- - Practical strategies for home
- - Live Q&A - ask your questions

**Date:** Wednesday 28 October
**Refreshments:** From 5.30pm
**Panel Session:** 6.00pm – 7.30pm
**Location:** Geoff Huard Hall (S Block Hall)

This is a valuable opportunity to develop our partnership as well hear from experts, gain practical strategies and engage in discussion about supporting healthy technology habits at home.

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We appreciate that this is short notice but want to offer a time before the end of the year.

We hope you can join us for this important community conversation.

Register Now

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