THE WAY

TERM 3 | THE WAY NEWSLETTER | THURSDAY 24 SEPTEMBER 2026



FROM THE ASSISTANT CHAPLAIN

CRUFit Leadership Day

Some of our Year 5 and 6 students recently had the opportunity to join students from six other Christian schools for an inspiring and joy-filled day of training at Broughton Anglican College. The event, called CRUFit, is designed to help young leaders grow in confidence, character, and practical ministry skills, all centred on the theme “CRU leaders love God and love others.”

The main session set the tone. Students were taught what it truly means to love God with all their heart, soul, mind and strength — a powerful reminder drawn straight from Mark 12:30. This verse became the anchor for the day, encouraging students to see leadership as an overflow of a life shaped by God’s love.

Throughout the morning, students rotated through three hands-on workshops:

- - Reading the Bible
- - Being an Encourager
- - Using Games to Welcome Others

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Here’s what some of our first-time CRUFit attendees had to say about the day:

“I loved CRUFit – the games and meeting new people and learning about God and Jesus.” – Kaya

“The quotes of the CRUFit leaders touched my heart, it was so nice. I made a new friend, which was awesome.” – Elena

“I liked how we wrote encouraging notes for different people and I think that should happen again.” – Angelina

“I was encouraged when we split into prayer groups and it made me comfortable to share my voice.” – Isabelle

“CRUFit is a lovely way of creating a community and learning about people. I would want people to learn more about Jesus and what he has done for us.” - Rosemary

Personally, it was encouraging to see our students realise that leadership isn’t about being the loudest or most confident person in the room. It’s about loving God wholeheartedly and loving others generously. CRUFit gave them practical tools, biblical foundations, and a renewed sense of purpose as young Christian leaders. Like our students, I am very thankful for the wonderful people at CRU Ministries!

Mr Peter Butchatsky
Assistant Chaplain

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