



## AMAZING ME WITH ROWENA THOMAS

The “Amazing Me” incursion took place in Week 9 for students in Years 4, 5 and 6. This valuable program, along with an evening session attended by parents and their children, provided a safe and supportive environment to learn about God’s incredible design and how our amazing bodies grow and develop.



Both the in-school sessions and the evening presentation highlighted the importance of understanding how our bodies work in a positive, respectful and age-appropriate way, rather than

through potentially misleading or unhealthy influences such as social media or inappropriate conversations.

The sessions encouraged open and respectful discussion around topics that can sometimes feel sensitive or embarrassing for students. We commend all students for their maturity and positive behaviour throughout the experience, particularly as they navigate these important conversations alongside their peers.

**Mrs Donna Schatzman**

*Director of Operations and Welfare*

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