THE WAY

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SENIOR SCHOOL SPORTS UPDATE

AICES Cross Country Carnival

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A group of our dedicated cross country runners (Elena B, Elijah C, Paul D, Leah H, Rohaan L, Charlotte P, Ava R and Emily V) recently represented the College at the AICES Cross Country Carnival, competing against some of the strongest runners from across the association. All students should be commended for their effort, determination and sportsmanship as they tackled the challenging course and represented the College with pride.

A special mention goes to Elena (Year 12), who competed in her final cross country carnival. Throughout her years at the College, Elena has been a committed and enthusiastic participant in College sport, consistently giving her best and setting a wonderful example for younger students. We thank Elena for her contribution to our cross country program and wish her all the very best as she completes her final year of schooling.

Congratulations also to Elijah C, who delivered an outstanding performance at the carnival and has earned selection in the AICES Cross Country Team. Elijah will now progress to the CIS Cross Country Championships next week, where he will compete against the best school-age runners from across all independent and private schools in New South Wales. This is a fantastic achievement and recognition of his hard work and dedication to the sport.

We congratulate all students who participated in the carnival and wish Elijah every success at CIS next week.

CASA 10-12 Volleyball Gala Day

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Our College volleyball teams represented us with outstanding determination and sportsmanship at the CASA Volleyball Gala Day. It was a day filled with tough competition as our students came up against the other Anglican Schools in our CASA region.

The girls' team enjoyed a fantastic day on the court, displaying excellent teamwork, skill and communication throughout the tournament. Their hard work paid off as they finished in 1st place and won their grand final match, an outstanding achievement that reflects their dedication and commitment to the sport. Congratulations to all players on an exceptional performance.

The boys' team also competed strongly and should be proud of their efforts. Despite narrowly missing out on being crowned champions in a nail-biting final, their spirits were extremely high as their rank from last year improved significantly which is a reflection of their great involvement in our Volleyball Sport Academy. As such, I would also like to take the opportunity to thank our Sparrows Volleyball team and want to also encourage those not in the program to sign up if this is something that interests them.

Both teams represented the College with pride and were excellent ambassadors both on and off the court. We congratulate all players and thank them for their commitment and effort throughout the tournament and in their training.

For more information on Sport Academy at Thomas Hassall, please visit our website:

Sports Academy

Mrs Irene Focas
Senior School Sports Co-ordinator

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