



THE WAY

TERM 2 | THE WAY
NEWSLETTER | FRIDAY 12
JUNE 2026

Senior School

SPORTS UPDATE



with Mrs Foccas

SENIOR SCHOOL SPORTS UPDATE

Rylan M - All Schools Softball



The NSW All Schools Championships proved to be a memorable event for Rylan M, who delivered an outstanding performance despite the horrible weather.

Persistent rain and cold, wet conditions throughout the competition tested the resilience of all athletes. Nevertheless, Rylan rose to the challenge, demonstrating exceptional determination and sportsmanship throughout the event.

Adding to an already impressive year at AICES and CIS, Rylan M finished the All Schools tournament with the highest batting average on his team, highlighting his consistency, skill and dedication to his sport. His outstanding performances did not go unnoticed, earning him selection in the Australian team, a remarkable achievement and a testament to his hard work and commitment. His ability to perform under pressure and maintain high standards throughout the season has made him a deserving representative at the national level.

I'm sure you will join me in congratulating Rylan on his achievements. I am incredibly proud of his accomplishments and look forward to following his future sporting journey.

Football Success at the NSWCIS Gala Day



Congratulations to Adrian T, Lorenzo V, Daniel B, Daniel R and Christian J, who proudly represented the College and AICES at the NSWCIS Football Gala Day.

The team delivered an outstanding performance throughout the tournament, securing the championship title with a series of high-scoring matches that showcased their exceptional skill, teamwork and determination. Their success was a testament to their hard work, resilience and commitment to excellence on the field.

We are also delighted to announce that Adrian T, Lorenzo V and Christian J were selected in the NSWCIS Football Team following their impressive performances. This is a remarkable achievement and well-deserved recognition of their talent and dedication.

Adding to this success, Thomas Hassall Anglican College has more players selected in the NSWCIS Team than any other independent or private school across New South Wales, an achievement of which the entire College community can be immensely proud.

Congratulations to all five students on their outstanding efforts and wish Adrian, Lorenzo and Christian every success as they progress to the NSW All Schools Football Championships, where they will compete against the very best players from across the state.

Push Up Challenge has launched at Thomas Hassall



Our students have enthusiastically joined the Push-Up Challenge, a nationwide campaign dedicated to promoting mental health awareness and wellbeing throughout Australia.

The challenge began last week and invites participants to complete 3,307 push-ups over a 23-day period. This target is deeply significant, reflecting the 3,307 Australians who lost their lives to suicide last year. By connecting physical activity with a powerful message, the initiative encourages important conversations around mental health.

Participation is open to everyone, regardless of fitness level. Whether someone contributes a handful of push-ups or reaches the full target, every effort helps raise awareness and demonstrate support for those facing mental health challenges.

More than just a fitness challenge, the Push-Up Challenge is an opportunity to stand together as a community and show that mental health matters. Every push-up represents encouragement, understanding and the reminder that no one has to face their struggles alone.

It has been fantastic to see so many students already embracing the challenge and getting involved during the first week. Their enthusiasm and commitment are helping shine a light on an issue that affects individuals, families and communities across the nation.

If you would like to join the Thomas Hassall Team or donate you can click on the button below.

[Push Up Challenge](#)

Upcoming Sporting Dates		
WEEK 9	Tuesday 17 June	MISA Grand Finals
	Wednesday 18 June	10-12 CASA Volleyball Gala
WEEK 10	Tuesday 23 June	Trials for MISA Term 3

Mrs Irene Focas

Senior School Sports Co-ordinator
