



THE WAY

TERM 2 | THE WAY
NEWSLETTER | FRIDAY 29
MAY 2026



SchoolTV | Wellbeing for school communities



Understanding Anxiety and Depression to Foster Resilience (Part II)

Wed, Jun 10th 2026 @ 7:30 PM AEST

UNDERSTANDING ANXIETY AND DEPRESSION WEBINAR

Join SchoolTV for this exclusive free webinar featuring international experts Dr Emma Woodward and Dr Joe Stammeijer, as they share valuable insights into recognising early signs of concern and practical approaches to supporting the wellbeing of young people.

WEBINAR: Understanding Anxiety and Depression to Foster Resilience (Part 2)

DATE: Wednesday 10 June 2026

TIME: 7:30 pm





Dr Emma Woodward

Emma is recognised for her work as a child psychologist and TEDx speaker, keynote presenter, trainer and facilitator. She is also a regular SchoolTV presenter.



Dr Joe Stammeijer

A specialist in forensic psychiatry and a lecturer in medical education focusing on innovative practice and professional leadership. Joe is also a contributor to SchoolTV.

This webinar is part 2 of a series and will go for 45 minutes.

In this session, topics include:

- - Staying Calm and Connected
- - Building Daily Routines
- - Meeting the Needs of Neurodivergent Learners

[REGISTER HERE](#)