THE WAY

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NEW GYM FACILITIES OPEN FOR SENIOR STUDENTS

Thomas Hassall Anglican College has opened a new gym space at the base of the Rawdon Middleton VC building, next to the College Uniform Shop. The facility has been designed to support Senior School sport programs and provide students with greater opportunities to develop their strength, fitness and training skills.

The gym will be used by Senior School students as part of their Tuesday sports periods, offering a dedicated environment where they can train safely under the guidance of staff.

It will also support the College's new Sports Academy class for students in Years 9–12. As part of this program, students take part in guided gym sessions that focus on strength and conditioning, helping them build effective training habits and improve their overall athletic performance.

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Equipped with a range of modern training equipment, the new space provides students with the opportunity to learn how to train responsibly while working towards their personal fitness and sporting goals.

This new facility reflects the College’s ongoing commitment to supporting student wellbeing, physical development and excellence in sport.

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