



# THE WAY



## FROM THE DIRECTOR OF STUDENT WELLBEING - SENIOR SCHOOL

### **Social Media Changes & Support for Term 4**

As we approach the end of Term 4, it's a good time to reflect, support one another, and prepare for what's ahead.

From December 10, new laws will prevent children under 16 from having social media accounts on platforms like Instagram, TikTok, and YouTube. These changes aim to protect young people from online harm and promote healthier digital habits.

To help students navigate this evolving digital landscape, our local Police Liaison Officers are coming to speak with various year groups. These sessions will focus on online safety, respectful relationships, and making wise choices.

Considering the upcoming social media law changes and the increasing need for digital wellbeing support here are some resources you may find useful:

- Social media changes. Visit [esafety.gov.au](https://esafety.gov.au)
- Social Media, Boundaries and Cyberbullying – Guiding Teens Through the Digital World, Thursday 6 November @ 6:30pm via Zoom. Visit [Wellio Parent Webinar Series](#)

In addition, with exams now behind most students, and learning continuing through the term, we know this can be a time of mixed emotions. As marks and feedback are returned, some students may feel proud, others disappointed, and many somewhere in between. Please continue to encourage open, supportive conversations at home and encourage your child to reach out to their

Pastoral Care teacher or Year Advisor if they need extra support here at school.

**Dr Anna Nalla**

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