THE WAY

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FROM THE DIRECTOR OF OPERATIONS & WELLBEING - JUNIOR SCHOOL

Raising Standards in Teaching, Learning, and Wellbeing: How Parents Can Help

At our College, we are committed to continually raising standards in both teaching and learning, while also prioritising student wellbeing. We know that when students feel supported, challenged, and encouraged, they thrive, not only academically but also socially and emotionally. Parents play an important role in this partnership.

Raising Standards in Teaching and Learning

We believe every child is capable of growth. Our teachers set high expectations in classrooms, encouraging students to:

- - Aim for their **personal best** in every task.
- - Develop strong **study and organisational habits.**
- - Embrace **resilience** when faced with challenges.
- - Celebrate both effort and achievement.

Parents can support this at home by:

- - Encouraging **positive routines** such as regular homework time, reading, and adequate rest.
- - Praising effort, persistence, and improvement and not just results.

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- - Talking with children about **goals** and celebrating progress along the way.

Raising Standards in Wellbeing

Wellbeing is the foundation for success in learning. When students feel safe, valued, and supported, they are more engaged and confident. We are building a culture that promotes:

- Respectful relationships.
- Emotional awareness and resilience.
- Healthy lifestyle choices that balance work, play, and rest.

Parents can support wellbeing by:

- - Creating space at home for **open conversations** about feelings, friendships, and challenges.
- - Encouraging **healthy habits** such as balanced nutrition, exercise, and sleep.
- - Modelling positive coping strategies when facing stress or setbacks.

Working Together

When schools and families work in partnership, students benefit the most. Parents can help raise standards by:

- - Staying connected with teachers through regular communication.
- - Attending parent information sessions and College events.
- - Reinforcing the values of respect, responsibility, and resilience at home.

Together, we can continue a culture where students strive for excellence, develop strong character, and enjoy the support of a community that believes in their potential.

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