THE WAY

TERM 2 | THE WAY NEWSLETTER | FRIDAY 6 JUNE 2025





LEARNING IN PREP

In Prep this Term, we've been learning how to keep our bodies, minds, and hearts healthy.

We enjoyed reading The Colour Monster by Anna Llenas, a story that helped us to explore different feelings like happiness, sadness, anger, and calm. We talked about how it's healthy to

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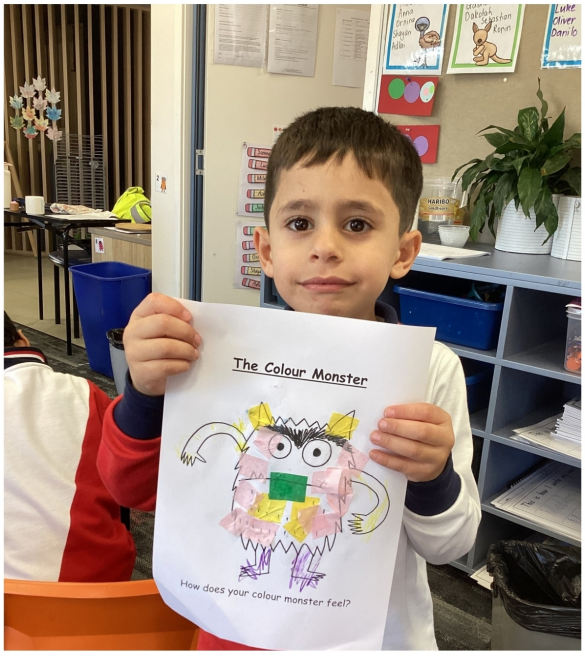
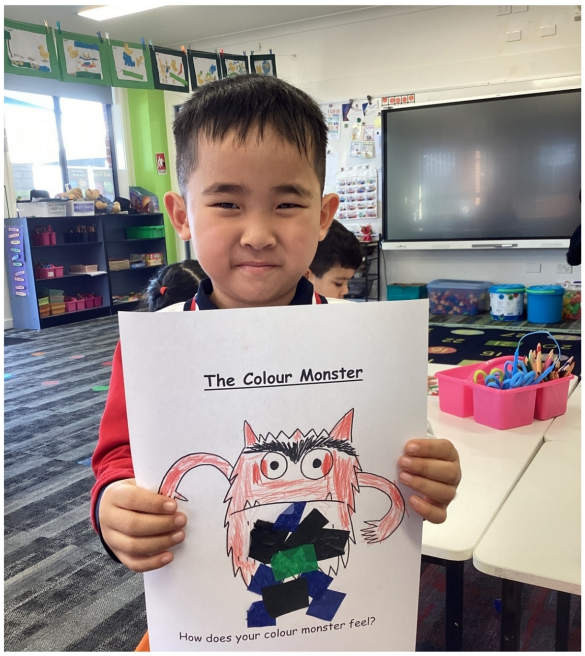
name our feelings and share them with others.

After reading the book, the children created their own Colour Monsters by choosing colours that matched how they were feeling. This activity helped the children understand that all feelings are okay and that talking about them is an important part of staying healthy and happy.









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