



# THE WAY



HELP US EMPOWER YOUTH  
TO SAY NO TO VAPING

## YOUTH VAPING PREVENTION STUDY

**The University of Newcastle are looking for families who are interested in taking part in a study to prevent youth from vaping.** For more information you can visit this link [www.vapingpreventionstudy.com](http://www.vapingpreventionstudy.com) or scan the QR code on the flyer below.

## BACKGROUND

Are you concerned about your adolescent being introduced to vapes? Although vaping amongst youth can cause serious poor health outcomes (e.g. lung injury, poisoning and burns), the number of youth trying vaping is continuing to increase.

## WHAT IS THE PROJECT ABOUT?

- We are testing the use of a text-message program sent to parents and their adolescent (aged 12-15 years) to prevent youth from taking up vapes.
- The messages have been developed with parents and youth, and aim to:
  - Educate youth and parents on the harms of vaping
  - Provide social support
  - Teach refusal skills
  - Encourage positive discussion amongst families



**Parents and adolescents will both receive a \$20 e-gift card after completing each follow-up survey**

[www.vapingpreventionstudy.com](http://www.vapingpreventionstudy.com)  
[ECPT@newcastle.edu.au](mailto:ECPT@newcastle.edu.au)

