



THE WAY

TERM 1 | THE WAY
NEWSLETTER | MONDAY 7
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BUILDING RESILIENCE WITH DR JUSTIN COULSON

Thank you to everyone who joined us last week for our parent session with Dr Justin Coulson. His insights into building resilience in children and teens were both practical and thought-provoking, offering helpful strategies for families navigating the ups and downs of growing up.



Before the talk, Principal Karen Easton hosted an information session and tour of our new STEM building for attending families. thank you to all who came along early to take part.
