



THE WAY



FROM THE PRINCIPAL

This is the last newsletter for Term 1 . It has been a long term and I am sure that you are all looking forward to a break from routines and early mornings. It will be lovely to see many of you this week at the Easter Hat parades and Easter service as well as the Parent Café on Friday if you are free.

Two weeks ago we had Dr Justin Coulson join us to speak about building resilience in our children. I know that we all want the same thing in this regard – we are working towards shaping young people into responsible adults who can contribute to the wider community. This is not an easy task for both parents and educators. There is no manual for us to follow and every person is unique. It is natural for us to want to protect our children and go into battle for every perceived slight. Dr Coulson reminded us that the moments in our lives that we are most proud of are usually the ones that were the result of a struggle or hardship. He said that it is through the difficulties in life that we grow and develop strength. The challenge he presented was why do we try so hard to eliminate such learning experiences for our children? They need to struggle; they need to go through challenges – this is how they learn. This is how we shape responsible adults who will contribute positively to the wider community.

I too find this difficult. I want my children to not experience difficulties. But, this does not serve them. His words were wise, helpful and confronting.

During the break some of our senior students will be touring in either Queensland or Japan. The Queensland trip is for our music and dance students who have an opportunity to visit with one of our sister schools in Nambour as well as showcase their skills to new audiences. The Japan trip is for our language students who will be immersed in the culture from their studies – a time to

experience in reality what they have been learning. There will be challenges as we navigate different languages, different accommodation, different transport and different contexts. There will also be excitement and new shared experiences. What a great opportunity to build resilience in safe environments!

There is much on offer at the College for everyone. Next term will start with the Senior School Athletics Carnival on the first day of term. We will then move into Mother's Day events, creative arts performances and change into the winter uniform.

I wish you all a wonderful Easter and a relaxing break with your families.

'I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.'

John 16:33

Mrs Karen Easton
Principal
