



## YEAR 9 EXTREME HISTORY INCURSION

**On the afternoon of Thursday, 28th November**, Year 9 Extreme History students immersed themselves in the world of Norse warrior culture during an engaging Viking incursion. Presented by historical educator James Adams, the interactive show brought the Viking Age to life, complete with authentic armour, weapons, and costumes. Both classes participated enthusiastically, aligning the experience with their earlier studies on warrior societies.



The incursion explored key aspects of Viking life, including their social hierarchy of Jarls, Huscarls,

Bondi, Thralls, and Berserkers. A particular focus was given to Viking law and order, with students learning about the Vikings' love of trial by combat in its various forms. Rayan and Ryan even had the chance to demonstrate one such trial, showcasing their warrior spirit in front of their peers (but with rubber axes!).

A highlight was the hands-on activities, students forming their own shield walls and trying on Viking armour. The Viking incursion complemented students' exploration of Norse warrior societies earlier this semester, offering a vivid and memorable conclusion to their studies. Extreme History is an elective subject that students can choose to study in Year 9 and 10.

**Mr Samuel Mills**

*Year 7 Advisor, History and Christian Studies Teacher*

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