



## HEAD INJURIES AND CONCUSSIONS

**Parent partnerships with the College are always so important.** This is especially the case in managing head injuries and concussions. A concussion is a complex process caused by trauma that transmits force to the brain (directly or indirectly) resulting in a temporary disturbance or brain function impairment. Concussions can be very serious and are not always evident straight away. At College we watch all head injuries for concussion symptoms.

**Our College Nurse is our Concussions Officer** and is your first point of contact about any concussions or suspected concussions. Your child's safety is our primary concern.

### **What parents need to know:**

If your child has a concussion or suspected concussion while at College:

- You will be contacted by our College nurse.
- You will be given forms to be filled out by your doctor to ensure your child is professionally assessed.
- You will need to take your child to the doctor and have the forms filled out.
- You can email the completed doctor's forms to [admin@thac.nsw.edu.au](mailto:admin@thac.nsw.edu.au) or bring the forms to College Reception.
- A child that has had a concussion or suspected concussion cannot return to College without a doctor's written clearance.
- When returning to College your child should bring the completed doctors forms and report to the College nurse before attending classes.
- We will work with you, your child and your doctor to ensure a safe return to learning and sport at the College.

If your child has a concussion or suspected concussion that occurs outside of College:

We need to know about concussions that occur outside of school so we can watch for further symptoms and make sure your child doesn't participate in activities that are unsafe while they are recovering.

- You must notify the College nurse of the concussion and provide medical clearance from your doctor to come to College.
- Your child should report to the College nurse before attending any classes, the first school day after the injury occurs.
- We will work with you, your child and your doctor to ensure a safe return to learning and sport at the College.

You can read our full Head Injuries and Concussions Policy.

[Concussion Policy](#)

To understand more about how to recognise a concussion in your child click on the button below.

[More Information](#)

**Mrs Lenore Symons**

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