



# THE WAY



## FROM THE ASSISTANT CHAPLAIN

### **It's easy to go fast when you're in control, right?**

But how do we do life when the hustle and bustle is overwhelming?

It is crazy to think that we have already reached Term 4, knowing there is still so much ahead of us in the school calendar—Year 7 orientation, school camps for Year 5 and 6, not to mention the festivities that come with graduation and Christmas. I am sure that you have things that keep you reasonably grounded, like sport, yoga, spending time with family, reading a book, or cooking and baking. But I wonder if you have considered what God has to offer in His Word?

*Psalm 46:10 says, "Be still and know that I am God."* This verse is nestled within a context where the Israelites faced great turmoil and conflict with their neighbouring nations. You can imagine the deep fear and uncertainty that God's people experienced amid such chaos. Yet, in the midst of their trials, God calls His people to find stillness in Him, the Lord their God. God invites us to pause, amidst the chaos, and recognize His sovereignty and ultimate victory and protection—pointing us to Jesus, the promise King, who fulfills the prophecy of a Savior and brings hope and redemption.

As we continue to fly through Term 4, can I encourage you to ask yourself what keeps you grounded, what helps you breathe?

But further yet, the claims that God makes in His Word, are they worth investigating through His Son, Jesus?

If this resonates with you, as a staff, we would love to help you think through what this means for you and walk alongside you.

