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## FROM THE DIRECTOR OF OPERATIONS & WELLBEING - JUNIOR SCHOOL

When students feel like they belong, bullying struggles to find a place. It's about embracing who we are, respecting everyone's differences and standing up together against unkindness.

Belonging means we all have a role in preventing bullying. We're encouraged to speak up and create a safe place where everyone feels supported and respected, and our voices are heard and valued.

There are many ways to build a sense of belonging.

During Bullying No Way Week, we will focus evidence-informed strategies to support a positive sense of belonging in the Junior School. Steeped in biblical principles, the students will engage in learning to promote the following;

**Challenge stereotypes** - Help students recognise and challenge biased beliefs they may hold and promote a culture of acceptance and inclusion.

**Promote empathy** - Understanding and compassion for others makes it less likely students will engage in hurtful behaviour.

**Embrace diversity** - Appreciate and celebrate the diversity of backgrounds, interests and identities at school.

**Foster positive relationships** - When students feel connected to their peers and valued for who they are, they are less likely to engage in bullying behaviour.

**Provide support** - Ensure students know where to turn for help and that their concerns will be taken seriously and addressed quickly.

## **Mrs Kylie Singles**

Director of Operations & Wellbeing - Junior School