



## YEAR 7 CAMP REFLECTIONS

**Year 7 had a wonderful time at camp this term, spending three days and two nights at Stanwell Tops Conference Centre.** Alongside many adventurous activities such as abseiling and the giant swing, they also had group times focusing on faith and wellbeing. Here's what some students had to say:

What were you most proud of?

- Jumping off the Goliath Swing at level 9 - Jacob
- Trying everything we did, even if it was hard - Anabela
- When I first got to the cliff edge during abseiling, I closed my eyes and said I wouldn't do it, but my instructor talked to me and I made it down the cliffside. I even did it twice. That is my most proud moment. - Ben
- Doing the abseiling (It was 17m.) - Ethan
- For me, it was going on the giant swing that I had a fear of, being away from my parents, with no contact, and challenging my fear of heights.
- Doing the giant swing without screaming. -Jordan
- Doing the giant swing. - Ava
- Confronting my fear of heights in the high ropes course (5m). I stopped being afraid and then did abseiling (also 5m) and also 15 meters on the giant swing. - Menelaos

I am grateful for:

- All the things the campsite provided for us and the beautiful people in my cabin.

- The wonderful people in my cabin.
- The activities, and also to be able to make memories with the people in my cabin.
- Being able to make new friends and learning to face my fears.

I learnt:

- That you can always be brave, with support.
- That we all complement each other's strengths and weaknesses.
- About ways to communicate well with friends and how to have healthy relationships.

**Mrs Roslyn Rodriguez**

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