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YEAR 7 CAMP REFLECTIONS

Year 7 had a wonderful time at camp this term, spending three days and two nights at Stanwell Tops Conference Centre. Alongside many adventurous activities such as abseiling and the giant swing, they also had group times focusing on faith and wellbeing. Here's what some students had to say:

What were you most proud of?

- Jumping off the Goliath Swing at level 9 Jacob
- Trying everything we did, even if it was hard Anabela
- When I first got to the cliff edge during abseiling, I closed my eyes and said I wouldn't do it, but my instructor talked to me and I made it down the cliffside. I even did it twice. That is my most proud moment. - Ben
- Doing the abseiling (It was 17m.) Ethan
- For me, it was going on the giant swing that I had a fear of, being away from my parents, with no contact, and challenging my fear of heights.
- Doing the giant swing without screaming. -Jordan
- · Doing the giant swing. Ava
- Confronting my fear of heights in the high ropes course (5m). I stopped being afraid and then did abseiling (also 5m) and also 15 meters on the giant swing. Menelaos

I am grateful for:

• All the things the campsite provided for us and the beautiful people in my cabin.

- The wonderful people in my cabin.
- The activities, and also to be able to make memories with the people in my cabin.
- Being able to make new friends and learning to face my fears.

I learnt:

- That you can always be brave, with support.
- That we all complement each other's strengths and weaknesses.
- About ways to communicate well with friends and how to have healthy relationships.

Mrs Roslyn Rodriguez

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