



## EXPLORING HEALTHY RELATIONSHIPS AND SOCIAL MEDIA

**This term, Year 8 has been exploring Healthy Relationships and Social Media as part of their Fit For Life program in Pastoral Care.**

In this particular lesson, Year 8 discussed conflicts in relationships:

- How do conflicts arise, even in good relationships?
- What does conflict look like? Is it always easy to tell... or is it possible that we don't even know there are issues in our relationships?
- What strategies can help us resolve conflicts in our relationships?

It's always very interesting to see how students respond to case studies and theoretical scenarios... sometimes unaware of how personally they can relate to them!



Pictured above is Mr Wee's 8 Carmichael 2 Class, who won a special prize for their dramatic depiction of conflict resolution.

It is our earnest prayer that openness, awareness, consideration and ultimately, the grace of God, will guide our students to form and maintain healthy relationships with the important people in their lives.

**Mr Jeff Tran**

*Senior School Teacher - Science, Mathematics and Year 8 Advisor*

---