

## TERM 1 I THE WAY NEWSLETTER I FRIDAY 05 APRIL 2024



## FRIENDSHIP AND BELONGING

## We are almost at the end of the first term and it is common for parents to touch base with their children and just check if they have friends.

"The ability to obtain, maintain and retain friendships is, according to all the childhood psychologists in the whole wide world, the greatest predictor of wellbeing. Having a rich repertoire of friends is a true indicator of whether your child is travelling ok." Dr Michael Carr-Gregg

How do you support your child if they are struggling to make friends? To answer this question, click on this link.

## Interviews with the leading specialists



Mrs Jacoline Petersen Director of Student Counselling