



# THE WAY

TERM 1 | THE WAY  
NEWSLETTER | FRIDAY 22  
MARCH 2024



## JUNIOR SCHOOL CROSS COUNTRY

**The Junior School Cross Country was held yesterday.**

Our annual Year 3 - 6 Junior School Cross Country was held yesterday at College. We were blessed with perfect weather and ample space on our top and bottom ovals to host a 2km and 3km course.

Even though most of the course is flat terrain, the strength required to persist to the end, maintain posture, time the breaths and pace the speed is evidence of the commitment of the students themselves to complete the race. We commend all our students for their hard work.

Thank you to our Senior Students who assisted us with preparation and who stood along the course encouraging the students. Thank you also to the guide runners who ran with the Junior School students as they competed.

Congratulations to the students who finished in the top 8 of each age group, who will go on to represent the College at the CASA Cross Country Carnival. We wish them well with your training and preparation.



**Mrs Sharon Evans**

