



# THE WAY

TERM 1 | THE WAY  
NEWSLETTER | FRIDAY 9  
FEBRUARY 2024



## BEYOND THE 80

**All Girls aged 7 - 11 are invited to embark on a remarkable adventure towards a healthier lifestyle a FREE 10-week program designed for families in Western Sydney!**

Children are invited to learn rugby league skills and engage in a variety of exciting healthy lifestyle activities together. It's an opportunity not to be missed for fun, fitness, and family bonding!

Click [here](#) to join or for more information. Limited spots available – Enrol now!

# JOIN THE **BEYOND THE 80** PROGRAM



**EMPOWERING GIRLS AND THEIR  
FAMILIES FOR A HEALTHIER FUTURE**

**WESTERN SYDNEY  
UNIVERSITY**

