



THE WAY



BEYOND THE 80

All Girls aged 7 - 11 are invited to embark on a remarkable adventure towards a healthier lifestyle a FREE 10-week program designed for families in Western Sydney!

Children are invited to learn rugby league skills and engage in a variety of exciting healthy lifestyle activities together. It's an opportunity not to be missed for fun, fitness, and family bonding!

Click [here](#) to join or for more information. Limited spots available - Enrol now!

JOIN THE
BEYOND THE 80
PROGRAM



**EMPOWERING GIRLS AND THEIR
FAMILIES FOR A HEALTHIER FUTURE**

**WESTERN SYDNEY
UNIVERSITY**

