



# THE WAY



## CIS AND ALL SCHOOLS ATHLETICS 2023

**Another year of Athletics has come and gone and we are so proud of our Athletics athletes who have represented our College so well and showcased their talents both on the track and the field!**

Congratulations to the following athletes who are in the Top 6 of the state across all independent schools in NSW!

Sara - 5th in Javelin

Max V - 5th in Shot Put

Jonathan V - 2nd in 100m

Luke M - 2nd in 100m, 4th in 200m, 2nd in Long Jump, 2nd in Shot Put

Matt M - 6th in Shot Put, 4th in Discuss



**Mrs Irene Focas**  
Senior School Sports Co-ordinator

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