



THE WAY

TERM 3 | THE WAY
NEWSLETTER | MONDAY
18 SEPTEMBER 2023



AICES ATHLETICS CARNIVAL

Congratulations to the following students who have finished in the top 3 of their age group in their respective events and are now going to represent our college, NASSA and AICES at the CIS Athletics Carnival on Tuesday 19 September. This is an outstanding achievement and a reflection of the hard work, dedication and talent of these students. There were also a lot of noteworthy performances from our relay teams. With our Junior girls finishing 4th and our Senior Boys finishing 1st. Our senior boys will now compete at CIS and come up against the fastest relay teams in all NSW independent schools.

Sara E - Female - Age: 13 - Ind/Rel: 1 / 0

#53 Girls 13 Jav 400gms 27.77m

Luke M - Male - Age: 17 - Ind/Rel: 4 / 1

#10 Boys 17 Shot 5kg 11.52m #65 Boys 17 Long Jump 5.89m

#91 Boys 17 200 Meter 23.06 #138 Boys 17 100 Meter 11.36

#165 Boys 4x100 Meter Relay Open (2) 45.89

Matthew M - Male - Age: 15 - Ind/Rel: 2 / 1

#68 Boys 15 Discus 1kg CA 40.17m #84 Boys 15 Shot 4kg 12.60m

#165 Boys 4x100 Meter Relay Open (1) 45.89

Bailee V - Male - Age: 17 - Ind/Rel: 0 / 1

#165 Boys 4x100 Meter Relay Open (3) 45.89

Jonathan V - Male - Age: 15 - Ind/Rel: 1 / 1

#136 Boys 15 100 Meter 11.17 #165 Boys 4x100 Meter Relay Open (4) 45.89

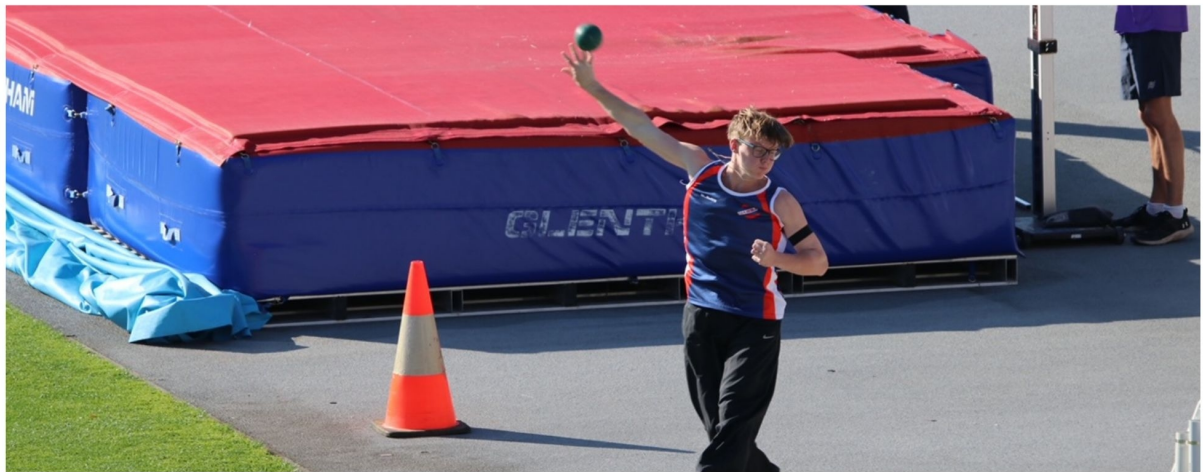
Max V - Male - Age: 14 - Ind/Rel: 1 / 0

#83 Boys 14 Shot 4kg 12.11m

Thomas Hassall AC - 'A' #162 Boys 4x100 Metre Relay 45.89

Matthew M, Luke M, Bailee V and Jonathan V

Good luck to our students competing at CIS Athletics.



Mrs Irene Focas

Senior School Sports Co-ordinator