



# THE WAY



## NASSA SENIOR ATHLETICS

**The NASA Athletics Carnival which was held on Wednesday 23 August.** The event provided a platform for young athletes to showcase their talents, compete against peers from various schools, and celebrate the joy of sportsmanship. Among the standout performers were the 21 Thomas Hassall students who demonstrated exceptional skills and dedication across a range of events. An exciting part of the day was the Javelin event where our very own Nathaniel Danda broke the NASSA Record!

We were also thrilled to have witnessed our Junior Girls relay team who placed 1st amongst all of the NASSA schools in the region. We would like to thank Mr Rod Fortuin for training them - well done to Sara E, Ilena B, Ella W and Emilija P.

Congratulations to the following students who have finished in the top 3 and are now going to represent our college and NASSA at the AICES Athletics Carnival on Tuesday the 5th of September.

1. Estella B

#158 Girls 17 Long Jump 4.16m

2. Nathaniel D

#21 Boys 12 Shot Put 9.35m #33 Boys 12 Javelin Throw 18.28m

3. Sara E

#49 Girls 13 800 Metre Run 2:49.85 #78 Girls 13 Javelin Throw 27.28m

#110 Girls 13 1500 Metre Run 5:42.42

4. Anthony G

#66 Boys 16 800 Metre Run 2:25.69 #124 Boys 16 1500 Metre Run 5:14.52

5. Green, Isaac

#13 Boys 15 Long Jump 5.38m #38 Boys 15 200 Metre Run 26.04

#98 Boys 15 100 Metre Run 12.45

6. Jake H

#47 Boys 18-19 Discus Throw 29.54m #106 Boys 18-19 Javelin Throw 29.42m

7. Aldin K

#56 Boys 13 High Jump 1.45m

8. Christian M

#35 Boys 12 200 Metre Run 30.35 #55 Boys 12 Long Jump 4.01m

#95 Boys 12 100 Metre Run 14.86 #120 Boys 12 1500 Metre Run 5:30.84

#142 Boys 12 High Jump 1.30m #147 Boys 12 400 Metre Run 1:11.06

9. Liana M

#155 Girls 14 High Jump 1.30m

10. Luke M

#10 Boys 17 Shot Put 11.38m #40 Boys 17 200 Metre Run 23.72

#76 Boys 17 Long Jump 6.05m #85 Boys 17-19 Triple Jump 13.08m

#100 Boys 17 100 Metre Run 11.77 #144 Boys 17 Discus Throw 36.36m

11. Matthew M

#83 Boys 15 Shot Put 10.60m #116 Boys 15 Discus Throw 40.19m

12. Ana N

#8 Girls 15 High Jump 1.40m #28 Girls 15 200 Metre Run 30.14

13. Evangelina P

#18 Girls 14 Discus Throw 17.44m

14. Emilija P

#26 Girls 13 200 Metre Run 29.27 #88 Girls 13 100 Metre Run 14.21

15. Mpiti S

#20 Boys 13 Shot Put 9.20m

16. Bailee V

#100 Boys 17 100 Metre Run 12.21 Boys 17 Long Jump

17. Jonathan V

#38 Boys 15 200 Metre Run 24.25 #98 Boys 15 100 Metre Run 11.90

18. Max V

#82 Boys 14 Shot Put 11.42m

19. Ella W

#49 Girls 13 800 Metre Run 2:50.29

20. Laura M

16 1500 m Run

1. Thomas Hassall AC - 'A' #161 Girls 14 & Under 4x100 Metre Relay 55.85

2. Thomas Hassall AC - 'A' #162 Boys 4x100 Metre Relay 46.70



**Mrs Irene Focas**  
Senior School Sports Co-ordinator