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## FROM THE ASSISTANT CHAPLAIN

Oh the busyness of life! If you're like me, you may have felt that the start of year and term has swallowed you up whole and you find yourself tossing and turning, lying awake in the middle of night and struggling to switch the gazillion thoughts spinning around in your head.

The year of 2023 has been the year of all things new for me, beginning a brand-new role as the Junior School Chaplain here at Thomas Hassall. These feelings of being overwhelmed have most definitely been familiar over the last few weeks, wrapping my head around all of things that keep me busy here at college. As much as it's been a massive leap into the deep end, I'm very thankful that we have God's Word to turn to in times of anxiety and the unknown.

When I feel like this, I tend to find myself flicking back to the Book of Psalms to be reminded of the peace we can find in the Lord, God in His great sovereignty and unfailing love.

- "I lift up my eyes to the mountains where does my help come from?
- 2 My help comes from the Lord, the Maker of heaven and earth.
- 3 He will not let your foot slip he who watches over you will not slumber;
- 4 indeed, he who watches over Israel

will neither slumber nor sleep."

## Psalm 121:1-4

This passage of Psalm 121 gives me great comfort that God is in control. It amazes me every time I re-read and am humbly reminded that we have a God who doesn't need rest or sleep and watches over us, always. I find it so reassuring that God is right there with us, every step of the way.

It has only been a few weeks, but I've already thoroughly enjoyed getting to know my students, families and fellow staff. It's been very easy to see the wonderful culture the school community brings and I'm loving every minute of it! I'm really looking forward to what God has in store for us for the rest of the year!

Can I encourage you to seek Him and find peace in our great God in the busyness of life and throughout our first term.

In Christ,

## Miss Georgia Beikoff

Assistant Chaplain - Junior School