



## CYBER SAFETY TIPS FOR PARENTS

**With the prevalence of technology, it is important that parents are aware of the key strategies for keeping their children safe online.**

Helping children safely use technology and avoid harmful experiences is crucial in developing the next generation of digital citizens.

Many helpful resources are available online, most notably the resources designed for parents from the eSafety Commissioner. The safety website provides helpful information about online safety basics, how to develop a family technology agreement, strategies for developing good habits, information about determining the right age children should access certain technologies (for example, social media), implementing parental controls, suggestions for having difficult conversations, and guidelines to help protect your child's privacy. These resources are available at <https://www.esafety.gov.au/parents/skills-advice>

If you have further questions about how you can help support your child's technology use at home, please contact Megan Bennett via [mbennett@thac.nsw.edu.au](mailto:mbennett@thac.nsw.edu.au)

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