THE WAY

THE WAY WEEKLY RECAP I MONDAY 6 SEPTEMBER 2021



THE GROWTH CHALLENGE DAY – 2 SEPTEMBER 2021

In the Senior School we have sought to adopt and embrace the mantra and mindset of 'Growing through Challenge'.

There are numerous challenges confronting all of us right now in the College Community and it's important to acknowledge and appreciate those. However, it also important to seek ways to grow through them and be mindful of the challenges, but not defeated by them!

On Thursday 2nd of September, students from Years 7-10 swung into action for the **Growth Challenge Day**. This was an intentional day for all students in these year groups to step away from the screens, down the 'normal' tools of learning, and connect and engage with activities of a different kind. The activities on offer were drawn from a broad range of wellbeing-inspired concepts and sought to challenge the students to:

⇒ Get Active

⇒ Get Connected

⇒ Get Grateful

⇒ Get Mindful

⇒ Get Thoughtful & Kind

⇒ Get Devotional

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Many of the activities on offer also contributed to House Points. Students were able to upload evidence of their activities, and we were pleased to see many, many entries in this area! Well done students!

Focusing on our wellbeing is critical at this time, for students, staff and all families. We certainly hope that for many students and families, yesterday was a nice change of pace. But also, we are reminded that looking to the needs of others is also very important at this time. Pausing to consider how we can invest in and care for other's needs is a fundamental building block of our whole community's wellbeing.

Of course, we would really appreciate hearing your feedback on the day. We indeed hope that this won't be the last Growth Challenge Day!

Click here for some student submissions Growth Challenge_2021 I Student Submissions.pdf

All the best,
Mr Stuart McCormack
Director of Student Wellbeing (Senior School)

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