



# THE WAY

TERM 2 | FRIDAY 28 MAY  
2021





## OLYMPICS UNLEASHED

**The College had the pleasure on Wednesday 26th May to have Olivia O'Rourke present to the Secondary Students.**

Olivia is an Australian Representative Diver who as part of the Olympics Unleashed program, presented by Optus came and spoke to students.

Olympics Unleashed connects athletes with schools across the country to inspire students to find and follow their passion and provide lessons in goal setting, overcoming challenges and developing resilience.

Olivia participates main competition events are in the 10m Platform Individual & 10m Platform Synchronised Dive. Olivia has already had some outstanding achievements in her young. She received a 2nd Place in 10m Platform Synchronised at the FINA International Diving Grand Prix in Singapore in 2019 as well as a Bronze Medal in the in 10m Platform Synchronised at the FINA International Diving Grand Prix in Germany in 2018.

Olivia O'Rourke was an absolute inspiration during her presentation reflected on her Olympic journey and how she has overcome challenges to compete in her sport at the highest level.

With the Olympics less than 60 days away Olivia is setting her goals on qualifying for these games. These games will be far different to any games previously and has already had to face changes with large cuts to the reductions of events and competitors that will take place at these upcoming games.

We thank Olivia for the way she has inspired and challenged out students and we wish her all the best in her upcoming Olympic Trials.

For more information on Olympics Unleashed visit [www.olympicsunleashed.com.au](http://www.olympicsunleashed.com.au)

## **Reflections from Students:**

*“What I found most interesting about Olivia’s speech was how dangerous diving actually is. The stories and footage of her injuries really expressed the risks, but also how she handles her injuries and lifestyle really inspired me.” – Chris Logozzo, Sports Captain*

*“I was inspired by her dedication and her ability to juggle being a full time athlete as well as doing a University degree in Construction. I also really enjoyed showing her around our College and experience life as a student at Thomas Hassall.” – Noah Velnic, Sports Captain*

**Mr Kent Weir**

PDHPE Coordinator

---