



Raising Boys

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Dr Michael Carr-Gregg reminds us that boys learn their behaviour by watching their fathers and other role models. He also highlights that often their physical maturity is at odds with their mental and brain development.

He says that 16 year old boys may look mature, but he reminds us that they don't necessarily think like mature young men. He says that they may look like mature young men at 16, but it is important to know that they don't think like mature young men.

Many parents will attest to the fact that most boys are active, loud, rambunctious and prone to rough play, but this should not affect how a parent acts towards their son. Be careful not to pigeon-hole your son into sex specific behaviours or gender roles. The male brain is distinctly differently in its development. A boy's physical maturity is often at odds with his mental and brain development.

Societal beliefs about how to raise boys can sometimes influence their adult carers. Although we are not determined by our biology, it is a factor. It is important to support boys in their natural tendencies and nurture their strengths and abilities. Teach them the skills they need for their future and to develop a healthy identity. It is important for boys to have a role model they can connect with and acknowledge who they are. One of the most important determinants for a boy's development is how secure they feel growing up.

In this edition of SchoolTV, adult carers will gain a better understanding into some of the more complex issues relating to raising boys. We hope you take time to reflect on the information

offered in this month's edition, and we always welcome your feedback. Maggie Dent's book , on "From Boys to Men" is a useful resource and an easy read. We encourage you to consider a free audiobook on this topic. <https://www.kobo.com/au/en/audiobook/from-boys-to-men-13>

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to this month's edition <https://thac.nsw.schooltv.me/newsletter/raising-boys>

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Director of Student Counselling

Source: SchoolTV
