

- Vaping

E-CIGARETTES AND VAPING

E-cigarettes and vaping are quickly gaining in popularity, especially amongst teenagers.

Manufacturers of these products are deploying sophisticated marketing campaigns in an attempt to glamorise and promote smoking to young people.

Vaping is the act of inhaling and exhaling the vapour produced by the heated nicotine liquid of an e-cigarette or vape pen. Many teens believe that vaping is less harmful than smoking as it is often formulated with flavourings to appeal to younger users. Be aware that e-cigarettes stating 0 mg of nicotine, may still contain nicotine. It is a highly addictive substance that can slow the brain development in kids affecting their memory, concentration, learning and mood. Because vaping is new, the short and long-term health effects remain unknown. Vaping puts nicotine into the body and is highly addictive. It can slow down brain development, memory, learning ..

However, studies have shown that kids who have tried vaping, are more likely to smoke tobacco products later in life than kids who have not tried vaping. As e-cigarettes leave little odour, they are particularly easy to conceal and use discreetly in public places, even in schools.

In this Special Report, parents and care givers will be provided with the facts relating to e-

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cigarettes and vaping, whilst also highlighting the potential dangers and surrounding legislation. We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report https://thac.nsw.schooltv.me/wellbeing_news/ecigarettes-and-vaping-au

Source: SchoolTV

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