



## FROM THE ASSISTANT CHAPLAIN

### **Resilience**

In Terms 3 and 4 our Senior School Chapel will be looking at the theme of 'resilience'.

In this time we will be opening up God's word to see what He has to say about being resilient. On Wednesday Mrs Howard kicked off the series by looking at the story of Ruth in the Bible. The story of Ruth is a great story of Ruth's faithfulness in tough times but most importantly we see that no matter what you go through God offers hope.

This topic of resilience has come at a crucial time. As we are growing increasingly aware of the hard times we will have to face in life we can be sure of a God who offers eternal hope through Christ Jesus. Being resilient is key for this world but Christian resilience is one of hope, hope in a God who offers us eternal life free of suffering and sickness.

I would like to encourage you to be like Ruth. Be faithful and bold in tough times, trusting in Jesus and sticking with him knowing that he offers us all sure hope.

Why not spend some time reading the short book of Ruth in your Bible?

God bless

**Mr Matthew Richards**  
Assistant Chaplain