





## MEDIEVAL DAY

**On Thursday 23 July, students had the opportunity to learn about life and society in the Middle Ages during our Medieval Day at the College.**

Students of Year 7 designed their own family coat of arms and participated in a performance showcasing medieval weaponry and armour, while students of Year 9 Extreme History also learned about Viking raiding and warfare.

Throughout their History course the students of Year 7 have the opportunity to learn about a variety of ancient and medieval cultures, ranging from Egypt to Japan. They also have the opportunity to learn about society and culture in Medieval Europe, and as part of their studies, the Year 7 had the opportunity to engage in the annual tradition of 'Medieval Day'. As part of this day, students learned about heraldry and the various meanings behind different colours, symbols and animals, before designing their own to reflect their own families. They also had the opportunity to view a show presented by James Adams Historic Enterprises, and as part of this performance, had the opportunity to view and handle medieval weaponry, be placed in the pillory, and learn about some of the more 'interesting' parts of life in the Middle Ages.

On the same day, the students of Year 9 Extreme History were treated to a show on the Vikings, to fit into their studies of the Norse 'Warrior Culture'. These students learned about the different types of Viking warrior, ranging from shieldmaiden to berserker, as well as being able to practice a Viking shield wall. This will progress to their further studies into the Norse as a warrior society, and hopefully teach them the importance of working together and standing side by side!

**Mr Robert Smith**  
Coordinator of History