



## FROM THE ASSISTANT CHAPLAIN

### **I love sitting in my house during a big storm.**

Hearing the thunder from a distance, hearing the wind battering our doors and the rain crashing down around us while sitting with a nice cup of tea in my hand makes me feel incredibly safe and secure.

I also love being the 'safe place' for my kids. Holding my girls in my arms knowing that they can always rely on me for love and protection.

We all know what it is like to feel safe and secure, don't we?

In Proverbs 18:10 it says ***"The name of the LORD is a strong tower; the righteous man runs into it and is safe."***

The book of Proverbs with commonly known as 'wisdom literature'. It was written by Solomon who had great God given wisdom. In Solomon's wisdom he calls us to run to God for that is where safety lies. What an amazing picture this is. God is our safe place, our place of refuge. He promises us that he is always there and they we can always come to Him for love and protection.

I would love to encourage you to come to God, not only in times of need but always as He is our strong tower and our protection.

**Mr Matthew Richards**  
Assistant Chaplain

