



SMBC HOT TOPICS - ANXIOUS CHRISTIANS

Ivette Moutzouris, a Christian psychologist, will explore what factors lie at the core of this apparent epidemic.

She will help us understand what God has to say about it in the Bible, and how we might best view anxiety in this framework. As a Christian, how do I make sense of my (and others') experience of anxiety? Can I overcome it?

If you would like more information [click here](#)

Wed, 28 Aug 2019 - 6:00pm to 9:00pm