



# THE WAY





## CIS CROSS COUNTRY

### CIS Cross Country

On Thursday 14 June 2018 at Eastern Creek Raceway, Cynthia Neoklis, Michael Ruhs and Rachel Squire represented AICES at the CIS Cross Country Championship. Congratulations to these 3 runners for competing at such a high level and giving it their best shot throughout the duration of the tough competition. We are very proud of the effort they put into their races as well as representing our school while enduring the cold weather and muddy terrain.

Michael Ruhs - 19th

Rachel Squire - 23rd

### **Lisa Close**

Senior School Sports Coordinator

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