



MS 24 HOUR SWIM

The College has entered a team for the MS 24 hour Mega Swim on the Saturday 19 - Sunday $20 \, \text{May}$

I encourage you to join the team and donate to help this worthy cause.

We need to have a representative from the College in the water at all times .

Please use the link below to register or donate – the more the better https://www.msmegaswim.org.au/team/5639

What is MS 24 Hour Mega Swim?

It is a fun team relay where teams have a swimmer in the water for the entire 24 hours and compete for laps swum and money raised, in support for people living with multiple sclerosis.

Why are we taking part in this event?

Aside from looking forward to joining others in the fun and atmosphere on the day, we are taking part to raise funds to support people living with multiple sclerosis.

It's quite staggering to think that every working day 4 people are newly diagnosed with this chronic disease. It can strike anyone at any time and the symptoms vary so widely.

For instance, can you imagine waking up one day unable to do the everyday things you would usually take for granted? Like not being able to see properly (or at all), you physically can't get out of bed, can't walk to the phone to call someone – anyone, or live a life without pain? All of a

sudden your world has changed.

Miss Lisa Close

Senior School Sports Coordinator