









## THE DUKE OF EDINBURGH AWARD

Empowering students to achieve their best, take ownership of goals and become actively engaged in the community.

The Duke of Edinburgh International Award is a positive and rewarding challenge of self-discovery. By undertaking four core activities (Physical Recreation, Skills, Service and Adventurous Journey) within the Award Framework and regularly working towards individual goals, students (starting at 14 years old) are equipped and empowered to achieve their personal best, take ownership of their own goals and life choices and become actively engaged within their community and workforce. The Award program is one of individual challenge. It presents young people with a program of voluntary activities that encourage personal discovery and growth, self-reliance, perseverance, responsibility and service to the community.

At Thomas Hassall, through access and participation in the Award, students are given the opportunity to explore their potential through growth in character and service to others as Christ is honoured. The Award is a unique opportunity to take part in many activities that would not occur during weekly routines. For example hiking, bush craft and camping events as a part of the

Award are one of the most appealing aspects for students. Here they build confidence and resilience, learn to work as a team, and discover the beauty of the Australian bush.

For more information on the Award at Thomas Hassall please contact the Award Leader Niamh Friel (<a href="mailto:nfriel@thac.nsw.edu.au">nfriel@thac.nsw.edu.au</a>) and keep a look out for the Parent Information Night to happen later this term.

For information in general visit the Award's official website <a href="http://www.dukeofed.com.au/">http://www.dukeofed.com.au/</a>.