



## JUNIOR SCHOOL SPORT - INFORMATION & IMPORTANT DATES

### Term One Sport Dates

#### **Important Junior School Sport Dates for Term One**

- Week 5 - Tuesday 27 February – NASSA Junior Swimming Carnival – Homebush – 4.30 – 7.00pm
- Week 7 - Monday 12 March - NASSA Junior Boys and Girls Soccer Gala Day
- Week 8 - Thursday 22 March – NSW CIS Swimming Carnival – Homebush
- Week 11 - Wednesday 11 and Thursday 12 April – NSWPSSA Swimming - Homebush

Throughout the year, there are also NSW CIS trials for some sports which do not have a Gala Day as an entry path. If your child plays representative sport in Softball, AFL, Golf, Hockey or Rugby Union please see Mrs Evans to indicate your expression of interest to be nominated for these sports. Students need to be in Years 5 or 6 and have represented their Association in their sport. Information regarding CIS trials and sports available is found at; <https://cis.aisnsw.edu.au/Pages/default.aspx>

#### **PE & Sport**

It is advisable that your child has a refillable drink bottle on Sport and PE days to ensure that they are able to re-hydrate after exercise. A frozen drink is also a great idea. All children are required to wear the PE cap or College hat for sporting activities.

