

## SCHOOLTV: SURVIVING YEAR 12

The latest edition of SchoolTV is now available!

The final year of secondary school is a year of hard work and a huge commitment for students. With so much going on it can be hard to find the balance between study and life.

It is a time when personalities start to emerge, there are more complex interpersonal relationships and there is the pressure to perform academically. With all of this going on, it's not surprising that some students have an emotional response and it is therefore extremely important for parents to know how to support their children during this time.

Some kids will need more support than others. Keeping the communication lines open with your child, their teachers, mentors and other parents will be crucial. Being aware of your child's mental and physical wellbeing can play a vital role in their success.

In this edition of SchoolTV, parents will discover practical advice for students and parents to help get through the final year of secondary school. We hope you take time to reflect on the information offered in this month's edition and we always welcome your feedback.

If you have any concerns about your child, please contact the school counsellor for further information.

Read more **HERE**.