



TRANSITION INTO SENIOR SCHOOL

The transition from junior school to senior school is both a time of excitement and challenge for some students.

Consequently as responsible parents it is important to help your child prepare for senior school. Your support and guidance will increase their resilience and reduce their distress about the new experiences that senior school offers.

Transition - how to prepare my child for Senior school?

- Talk with your child before the transition happens: You can ask them about what they are looking forward to and what they are worried about. Provide them with reassurance that this is a new experience and you care and support them along the way. Place emphasis on the positives and highlight the new opportunities that your child will have.

- Find out what transition services and supports are offered by our College: The Year 6 Transition program has commenced since the beginning of Term 4. It includes four modules that address transitions into senior school.

- Friendship - Students have been thinking about the question "what makes a good friend?" They have been engaging with activities that explore how they relate to one another and have been developing strategies in conflict resolution. Students have also been acting out scenarios that promote inclusion and thoughtful behaviour.

- Wellbeing - Students have been given the opportunity to ask questions on the day-to-day

operational matters like how to read a timetable, knowing what subjects they will be engaged in and knowing when to access lockers is very useful. Students have also been given some useful tips on organisation for 2018. They know about the Sort It Out space and its purpose incorporating the positive learning goals.

- Technology – Students are introduced to the 2018 Technology Program and have the opportunity to ask questions about suitable devices. Students also consider the role of digital media in their lives including the types of digital media they currently use and how to develop healthy habits when using technology.

- People and places – Students look at where each of the teachers, buildings and classrooms can be found.

If you would like more information about how to support your child with transition into high school, please visit: http://raisingchildren.net.au/articles/secondary_school.html or speak to us about how we can together support your child into transitioning into senior school.

Lydia Ghaly

Psychologist – Junior School
