



# THE WAY





## ATHLETICS SEASON ENDS WITH A BANG

The College always been involved in Athletics but this year has seen many more students take to the track and field.

During the last week of Term 3 several of our students once again headed into Sydney Olympic Park to compete in the CIS Athletics Championships. Throughout the day we had students competing as part of the AICES team in both field and track events.

The day was a great day for all involved and showed some great individual efforts and PBs.

Congratulations to the following athletes who competed on the day:

**Thomas Busfield**- 200m

**Christian Georgalis**- Shot put, 200m and 100m

**Praise Lauano**- Discus and Shot put

**Michael Ruhs**- 800m

**Wiremu Taylor**- Discus and Javelin

Both **Praise** and **Christian** placed first or second on their day in all their respective events and progressed to the 2017 2XU NSW All Schools Track and Field Championships which was held in early October. The competition was the State Championships for secondary school athletes and the standard was extremely high for all events.

**Christian** went on to place third in the 100m. Congratulations on such a great achievement! We look forward to hearing about your endeavors and achievements in the next couple of years.

Thank you to Miss Friel who accompanied the students and cheered on from the sideline. Her enthusiasm and energy was a great encouragement to the Thomas Hassall athletes. Many thanks also to the parents, who continue to turn up and support their children throughout the season competitions.