



THE WAY



SCHOOLTV

Have you visited the SchoolTV link on our College website, yet?

If not, I encourage you to do so right now <http://thac.nsw.schooltv.me/category-latest-newsletter>

It contains useful information to support you in your parenting role. Comprehensive videos on many topics have been prepared for your convenience. Leading specialists in various areas have been consulted and they share information on the latest research to support you with safe parenting in this challenging digital age our children are growing up in. You can also find fact sheets, suggested books, websites and much more on the site.

For this week I thought I would encourage you to explore what they say about supporting a child who experiences anxiety.

<http://thac.nsw.schooltv.me/newsletter/youth-anxiety-0>

We would love to hear if you have any specific questions on this topic.

Jacoline Petersen
College Counsellor