



THE WAY

TERM 3: THURSDAY 10
AUGUST 2017



CITY2SURF

On Sunday morning, 18 members of our College community will participate in the 47th City2Surf race.

Competitors will run or walk from Hyde Park in the CBD to Bondi Beach - marking a total of 14km! The College team comprises of a combination of students, teachers, parents and siblings. They're madly raising money for Compassion Australia, and it would be great to see the College community support this fantastic Christian charity, as well as the dedicated competitors.

Compassion Australia is a holistic child development organisation that has more than 60 years of experience working with families in poverty.

The College team has a target of \$1500. If you would like to support the team please donate here: <https://city2surf2017.everydayhero.com/au/thomas-hassall-anglican-college>

City2Surf competitors are asked to load up on carbs the day before to help them get through the gruelling race and have a light breakfast and keep hydrated on race day. There will be drink stations along the 14km journey as well as first aid for anyone who needs it.

Good luck competitors!