



## SCHOOL TV

An update on School TV.

As a College we acknowledge that parenting today creates a multitude of modern day challenges. We want to support you on this journey and therefore, would like to introduce you to SchoolTV. It is a new online resource designed to empower you as parents with credible and sound information with realistic, practical ongoing support strategies. It is a great resource to use in conjunction with the services offered by the School Psychologists at Thomas Hassall Anglican College.

You can locate it on our website under Community and School TV, see image below.



A great deal of information is available on the internet, but this can often be confusing and overwhelming for parents looking for guidance. However, SchoolTV engaged specialists in the various fields and pulled in some great content from organisations such as Beyond Blue, ReachOut, HeadSpace and others. It serves as our new Digital Wellness Platform.

You'll also find fact sheets, suggested books, apps, websites and much more.

We assure you will get great value from every edition and happy, safe parenting!

Click this link to learn more about SchoolTV: <http://thac.nsw.schooltv.me/category-latest-newsletter>

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